



PPE Worksheet

with estimated cost
costs will vary depending on
location and availability

Name: _____

Date: _____

What are your hazards?
What PPE do you need?
Where can you buy PPE?

What Personal Protective Equipment (PPE) do you need?

Head ✓ 3" brim ✓ ANSI Z89.1 ✓ CSA Z94.1	• Sun Safe Hat - COST varies • Hard Hat – COST Varies	
Eyes ✓ Right Size & Shape ✓ 99% - 100% UVA/UVB ✓ ANSI Z87.1/ CSA Z94.3	• Safety Glasses Clear - COST: \$2.00 • Safety Glasses Tinted – COST: \$3.25 • 3M™ SecureFit with foam COST: \$ 11.50 • Goggles COSTS: Honeywell Uvex Futura COST: \$12.50 Honeywell Uvex Stealth® COST: \$18.00 • Welding Helmet: <i>COST varies</i>	
Ears ✓ NRR Rating ✓ Noise above 85dB ✓ Good fit	• Earmuffs (3M Peltor) COST: \$17.00 • Ear Plugs: COST: \$2.00 per pair for no-touch type • Ear bands - Cost: \$6.50 each	
Body ✓ Read Label	• Reusable chemical resistant gloves COST: \$2.20 each pair • Single Use chemical resistant gloves COST: \$25 box of 50 pairs/ \$.05 pair • Chemical Resistant Boots: COST varies • Coverall- COST: \$8 - \$10 each	
Skin ✓ SPF 30 ✓ UPF 30	• Sun Safe Hat- COST varies • Sun Safe Clothing- COST varies • Sunscreen – <i>COST varies</i>	
Feet ✓ ASTM F-2412-1005 ✓ Chemical Resistant	• Work Shoes • Steel Toed Shoes • Chemical Resistant Boots • Cramp on ice cleats <i>COST for all items varies</i>	

Contact Information : info@aghealthandsafety.com | Website: www.aghealthandsafety.com